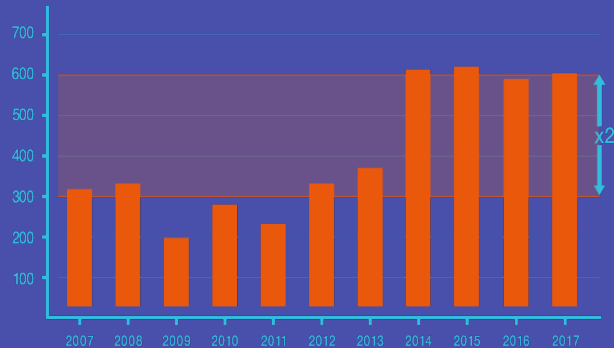


LEPTOSPIROSIS

An infectious disease with a strong resurgence,
recognised as an occupational disease

How many cases in Mainland France?¹



More than one case per day: the incidence of leptospirosis has doubled since 2014 and has established itself in a sustainable way

> 2014-2017 : ~ 600 cases/year

2/3 of serious cases requiring hospitalisation are due to the **Icterohaemorrhagiae serogroup²**

Who is affected?

Professional activities in Tables 19A of the General Social Security Scheme³ and 5 of the Agricultural Scheme⁴ :

Works in sewers, sanitation, public works, fish farming, lifeguards etc.



Recreational activities in fresh water:

Canoeing, kayaking, fishing, hunting, swimming, triathlon etc.



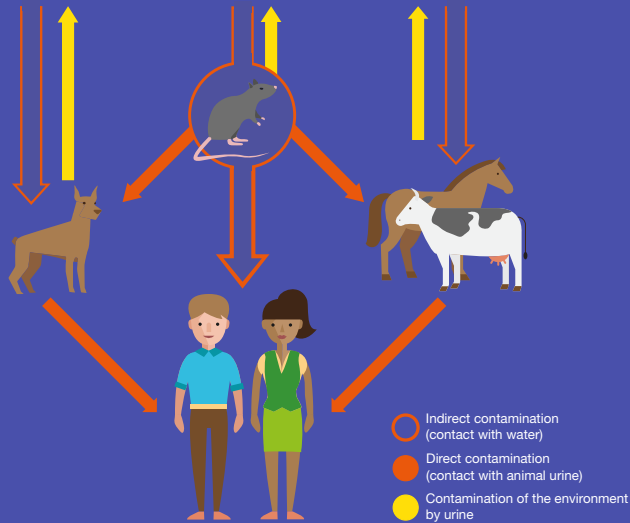
Occupational exposure observed for **1/3 of patients, malades**, with **54% of workers** having contracted leptospirosis^{5,6}

For more information: www.leptospirosis-prevention.com

LEPTOSPIROSIS

An infectious disease with a strong resurgence,
recognised as an occupational disease

How could I become contaminated?⁷



Routes of contamination: Skin wounds, mucous membranes (nose, mouth, eyes), macerated healthy skin

Risk factors: Presence of fresh water or moisture, wild animals (including rodents), farm animals

What are the symptoms and consequences?⁷

Leptospirosis resembles the flu.
It can become worse and lead to hospitalisation, especially in the most serious form, **icterohaemorrhagic leptospirosis**
> Multi-organ involvement including the kidneys, liver and lungs

How can I protect myself?⁸

DISINFECT AND PROTECT wounds or scratches



WASH YOUR HANDS with clean water and soap



IF YOUR HANDS ARE DIRTY AVOID ALL CONTACT with your eyes, nose or mouth



WEAR PROTECTIVE EQUIPMENT



SPEAK TO YOUR GP if you get any flu-like symptoms



GET VACCINATED on a case-by-case basis, depending on official recommendations



Your employer must ensure your **safety and health**. They are legally obliged to do so⁹

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